

16 ottobre 2020

“eTwinning, insegnare smart nella scuola che sarà”

Istituto Comprensivo Folgaria Lavarone Luserna



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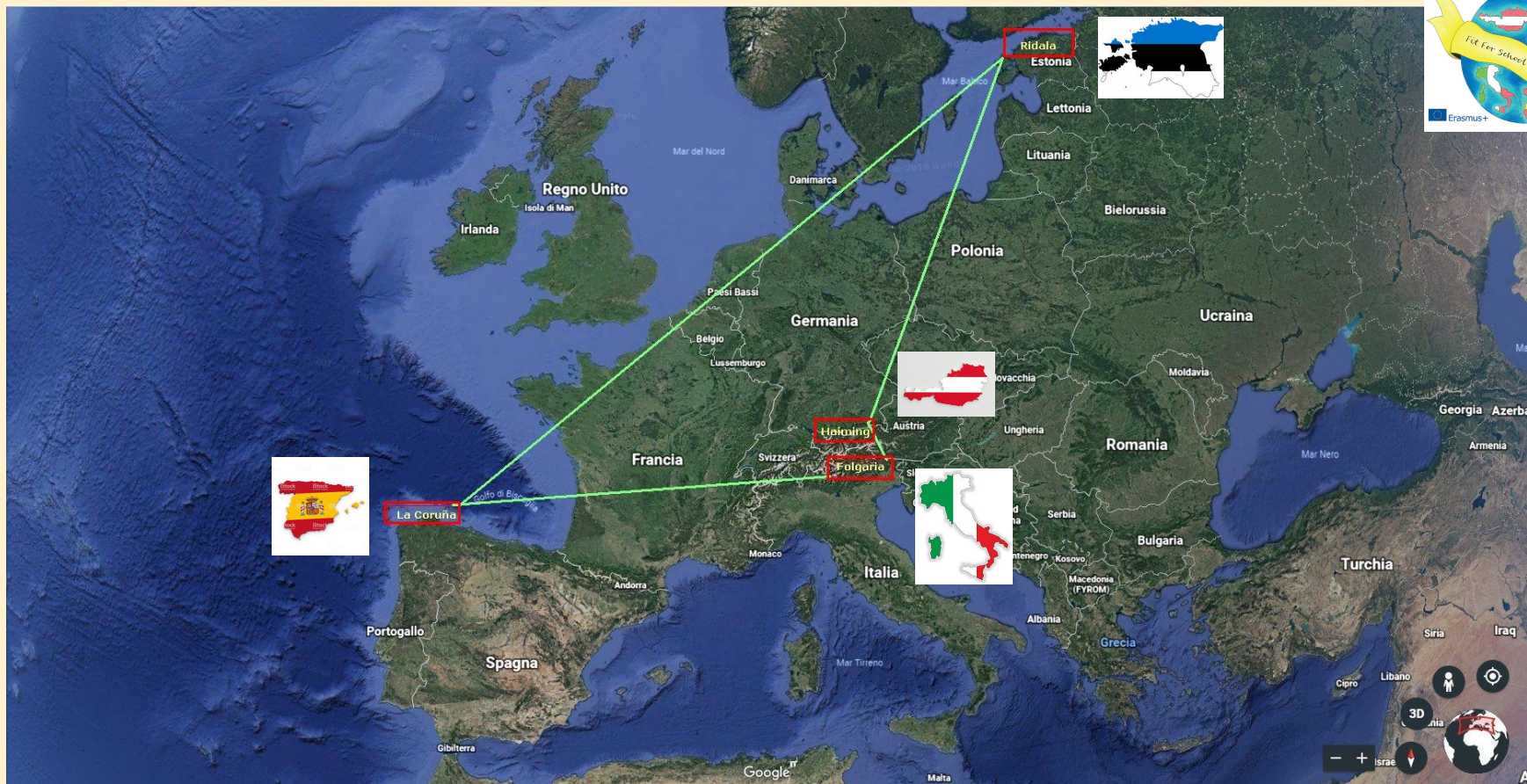
- *Altipiani Cimbri, 1200 mt*
- *Scuola infanzia, primaria e
secondaria di primo grado*
- *Il più piccolo istituto scolastico del
Trentino (350 alunni)*
- *Minoranza linguistica Cimbra*





"Fit for School - Fit for Life"

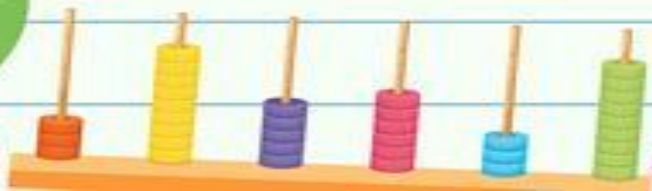
*K2: Partenariati per scambi tra scuole
Call 2018 - Scuola Capofila del progetto*



4 Partner: Austria, Italia, Spagna, Estonia



A scuola di "Benessere";



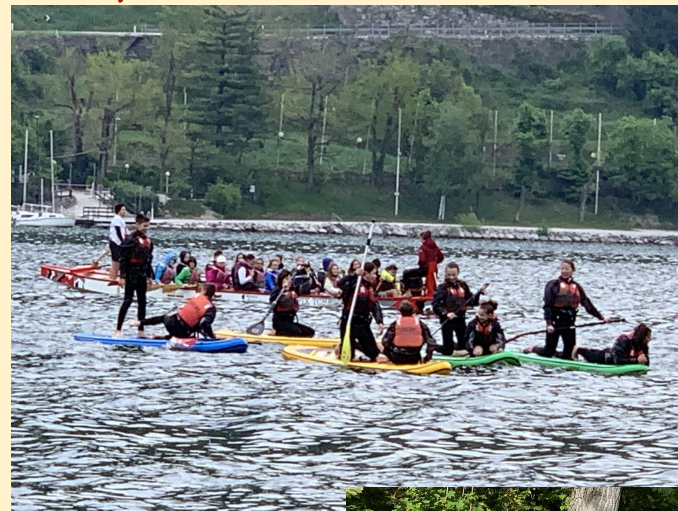
Sana alimentazione



Posizioni corrette e più movimento a lezione



Praticare più sport insieme e scoprire sport nuovi



Benessere in famiglia





Sport sì, ma per tutti

Anche le nuove amicizie aiutano a star bene



Il disagio giovanile; conoscerlo per prevenirlo

"Just a click!"



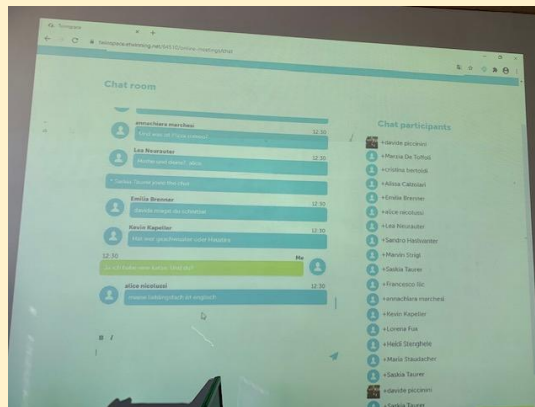
Un cartone animato contro il Sexting ed il Cyberbullismo

- *Trama scritta in collaborazione*
- *Grafica ITALIA*
- *Voci narranti e disegni SPAGNA e AUSTRIA*
- *Musiche ESTONIA*





Collaborare e condividere



Migliorare le competenze digitali degli studenti



"Find fun activities at home"

- 1) **Go to YouTube** and find **Just Dance** videos. Pick up the ones that you like and you may dance after them like the real dancers.
- 2) **Start to learn new languages** by using the apps **Speakly** (first 7 days are free of charge) or **Duolingo** (it's free).
- 3) If you are allowed to walk outside then **start to play Pokemon Go** again. So, you can get fresh air, stay fit and have fun. Of course, you have to follow the rules that the state has given. For example in Estonia: you can walk together with one person only, you must keep the distance with others outside
- 4) **Clean the room**, move the furniture around.
- 5) **Clean the closets**, sort your clothes
- 6) **Give your old clothes a new life**, make something new out of them like a rainbow carpet
- 7) **Practise your hobbies** (music, painting, drawing, reading, doing crosswords and puzzles)
- 8) **Watch your favourite movies** or cartoons
- 9) **Cook**, try new flavours
- 10) **Think of new games you can play** with your sisters, brothers, the whole family
- 11) **Train at home**. Discover a variety of cool apps that allow you to enjoy new training opportunities every day. Don't forget exercises from our Erasmus+ calendar!
- 12) It's surprisingly nice to **make video calls** (Google Meet, Skype, etc) with granny and grandad and friends, even play board games with a video call.

"My home is little, but its windows are opened on an infinite world" - Confucius
When everything is confused, the best thing to do is to follow the rules. Even if this quarantine is locking us down, it is not necessary to worry about it; there are a lot of things that we can do at home, maybe with our family. Don't forget to think of others and help when you can! The Italian students have a lot of ideas about how to avoid getting bored and have fun at home. As you know, everyone loves food! So, cook something, experiment with new recipes and let your family taste it. After eating your delicious meals, however, remember to exercise (with our Erasmus Calendar of course!) But to exercise doesn't only mean fitness, you can dance on your favourite songs, too! Music is for the soul what fitness is for the body - Platone Music is a beautiful way to relax; listen to it or play your instrument! But the best thing is to share these moments with all your family! Together you can play board games, invent games or watch films.



StayHomeAndDon'tGetBored

However, if you want to stay alone, reading is not a bad idea to spend some time in another handsome world!
"I'm still learning" - Michelangelo
Now that we have so much freetime, if you have finished the ideas of what to do, you can always learn something new! "Isn't life a thousand times too short for us to bore ourselves?" - Friedrich Nietzsche
In our school, we have made an online video contest called #AtHomeAndDon'tGetBored (#inquantenanonmiannoio). Every student has made a short video with an idea about what we can do in this quarantine and has shared it with our teachers. Three of our teachers have decided the winners! We hope we gave you some interesting ideas about how to spend your time at home.
"Everytime, at the end of the storm, the sun comes back". - Anonymus.
Erasmus+ will be fine!!!



Gli studenti e le studentesse raccontano

Cosa ne pensano gli alunni

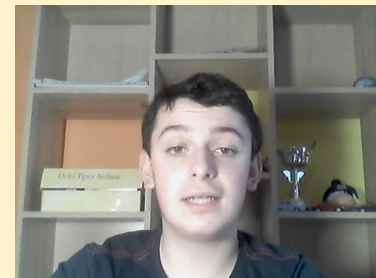
PER ME È UNA STUPEFACENTE ESPERIENZA PERCHÉ
FACCIAMO NUOVE AMICIZIE E NON ITALIANE IL
CHE MI AFFASCINA MOLTO. MI PIACE L'IDEA DI
UNIRE LO SPORT, CON LA DISABILITÀ, CON LA SALUTE E
CON LE LINGUE E PAESI DIVERSI. DA QUEST'AVVENTURA
SPERO DI CAPIRE VERAMENTE IL SIGNIFICATO DELLE PAROLE
AMICIZIA E COLLABORAZIONE.

Secondo me ~~questa~~ è un'esperienza bellissima
perché ci divertiamo ma impariamo anche molto
e secondo me migliora l'anno scolastico.

questa esperienza è molto coinvolgente per tutta la classe
~~ognuno~~ ognuno riesce a fare qualcosa in base alle sue
capacità e è molto bella l'esperienza della videoconferenza
perché ci permette di interagire con le classi straniere.



Cosa ne pensano gli alunni





Laboratorio di Tedesco e Musica
“Schultern sind entspannt!”

We start on 19 October



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COMPETENT
TEACHERS FOR
CREATIVE DIGITAL
STUDENTS**

Massive Open Online Course

Open to all teachers! No previous experience needed Join now!





“Fit for School - Fit for Life RAP”

Fit, fit for School,

let's work together, that is cool.

Fit, fit for Life,

Let's raise the hands for a big high Five!



#GiveMe5

AUTONOME
PROVINZ
BOZEN
SÜDTIROL



PROVINCIA
AUTONOMA
DI BOLZANO
ALTO ADIGE

PROVINCIA AUTONOMA DE BULSAN
SÜDTIROL



PROVINCIA AUTONOMA DI TRENTO

Grazie per l'attenzione

Il nostro Twinspace



ISTITUTO COMPRENSIVO
FOLGARIA
LAVARONE
LUSERNA

