

Flag Football



HISTORY OF AMERICAN FOOTBALL



<https://www.youtube.com/watch?v=wIIS8W-BPU>

A background image showing American football players in action. A player in a dark jersey is in the foreground, holding a football. Other players are visible in the background, some in dark jerseys and others in lighter jerseys. The scene is set on a football field with a blurred background.

AMERICAN FOOTBALL VOCAB

- Line of Scrimmage - imaginary line where the ball is placed between the offense and defense
- Offense - the team that has possession of the ball and is trying to score
- Defense - the team that does not have possession of the ball and is trying to stop the other team from scoring.

Offensive Positions

Quarterback

Center

Wide Receiver

Running Back





How To **Score In Football**

Field Goal = 3 pts

2 point conversion = 2 pts

Touchdown = 6 pts

Safety = 2 pts

Extra Point = 1 pt

4 Downs

1st down

2nd down

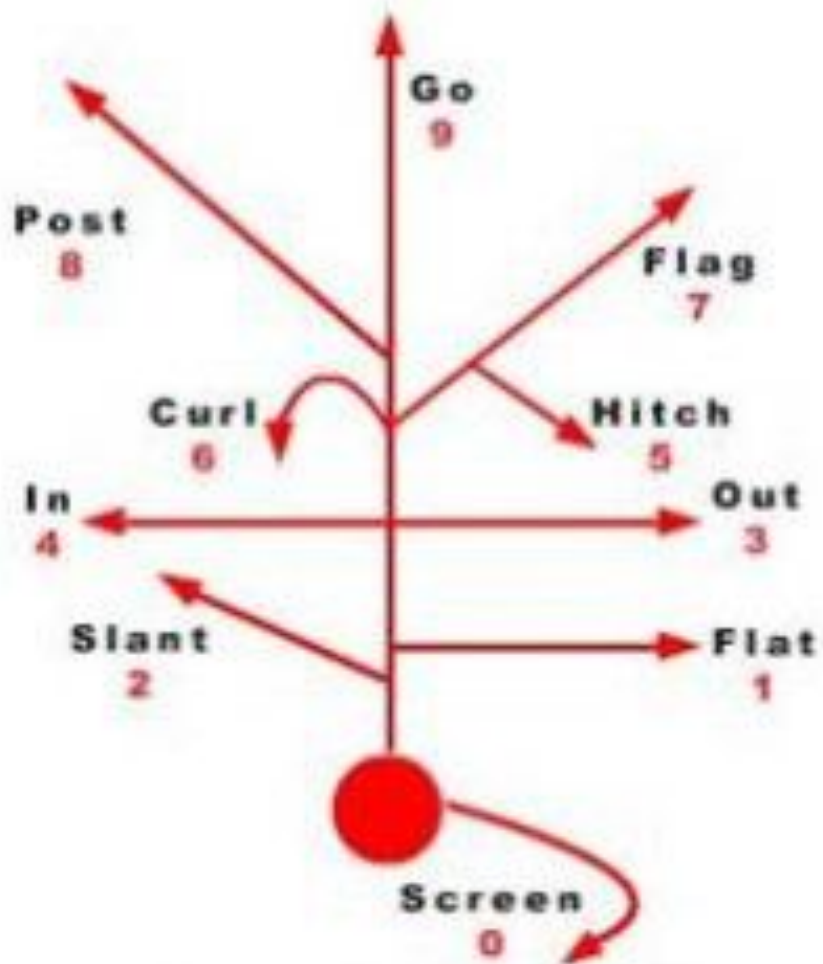
3rd down

4th down

...and goal



Route Tree



Defense

Interception

Pick 6

Incomplete Pass

Fumble

Tackle

Blitz

Sack



Create Your Playbook!

You must have 3 passing plays and 3 running plays.

Name your plays

Draw the picture of the play and label the positions

