

Flag Football Unit - Performance Grading Rubric

Flag Football Rubric	Advanced 20 pts	Proficient 15 pts	Basic 10 pts	Below Basic 5 pts
Skills	<ul style="list-style-type: none"> *Performs proper passing technique consistently *Performs proper catching technique consistently *Performs proper defensive technique consistently *Consistently combines skills to perform at a high level 	<ul style="list-style-type: none"> *Often performs proper passing technique *Often performs proper catching technique *Often performs proper defensive technique consistently *Often combines skills to perform at a successful level 	<ul style="list-style-type: none"> *Rarely performs proper passing technique *Rarely performs proper catching technique *Rarely performs proper defensive technique consistently *Rarely combines skills to perform at a successful level 	<ul style="list-style-type: none"> *Does not perform proper passing technique *Does not perform proper catching technique *Does not perform proper defensive technique consistently *Does not combine skills to perform at a successful level
Rules Understanding and Application	<ul style="list-style-type: none"> *Applies rules appropriately in a game setting correctly and consistently 	<ul style="list-style-type: none"> *Often applies rules appropriately in a game setting correctly 	<ul style="list-style-type: none"> *Rarely applies rules appropriately in a game setting correctly 	<ul style="list-style-type: none"> *Does not apply rules appropriately in a game setting correctly
Field Position and Movement	<ul style="list-style-type: none"> *Understands and executes all positioning requirements in flag football at all times *Understands both offensive and defensive movement requirements and executes consistently *Utilizes positioning and movement to put opponent in disadvantage at all times 	<ul style="list-style-type: none"> *Understands and executes positioning requirements in flag football regularly *Understands both offensive and defensive movement requirements and executes regularly *Utilizes positioning and movement to put opponent in disadvantage regularly 	<ul style="list-style-type: none"> *Rarely understands and executes positioning requirements in flag football *Rarely understands both offensive and defensive movement requirements *Rarely utilizes positioning and movement to put opponent in disadvantage 	<ul style="list-style-type: none"> *Does not understand and does not execute positioning requirements in flag football *Does not understand both offensive and defensive movement requirements *Does not utilize positioning and movement to put opponent in disadvantage
Strategy	<ul style="list-style-type: none"> *Understands opponents strengths and weaknesses and uses varying techniques to exploit them consistently *Consistently uses a variety of shots to score 	<ul style="list-style-type: none"> *Understands opponents strengths and weaknesses and often uses varying techniques to exploit them *Often uses a variety of shots to score 	<ul style="list-style-type: none"> *Rarely understands opponents strengths and weaknesses and rarely uses varying techniques to exploit them *Rarely uses a variety of shots to score 	<ul style="list-style-type: none"> *Does not understand opponents strengths and weaknesses and does not use varying techniques to exploit them *Does not use a variety of shots to score
Game Play	<ul style="list-style-type: none"> *Applies all skills, position and movement abilities consistently and correctly *Is an active participant at a high level in each match they participate 	<ul style="list-style-type: none"> *Often applies all skills, position and movement abilities consistently and correctly *Is an active participant at a high level in each match they participate 	<ul style="list-style-type: none"> *Rarely applies all skills, position and movement abilities consistently and correctly *Often is an active participant at a high level in each match they participate 	<ul style="list-style-type: none"> *Does not apply any skills, position and movement abilities consistently and correctly *Is not an active participant at a high level in any match they participate