

Baseball/Softball Unit - Self-Assessment

How Well Do You Know Baseball and Softball?

	Rarely	Sometimes	Frequently	Always
I know the rules of the different baseball/softball games we play	1	2	3	4
I know how a team can win in different baseball/softball games we play	1	2	3	4
I know how to help my team win in different baseball/softball games we play	1	2	3	4
I can explain to someone in my class the rules of the different baseball/softball games we play	1	2	3	4
I enjoy playing baseball/softball games	1	2	3	4

Baseball/Softball Skills

	Rarely	Sometimes	Frequently	Always
I can throw the ball to a teammate for them to catch	1	2	3	4
I can catch a ball that a teammate throws to me	1	2	3	4
I understand the correct form when swinging a bat	1	2	3	4
I can hit a ball that is pitched to me during a game	1	2	3	4
I can correctly run the bases during a game	1	2	3	4
I can play defense in a baseball/softball game	1	2	3	4
I can help my team win a baseball/softball game	1	2	3	4

What Do You Think About Baseball/Softball?

My favorite part of the baseball/softball unit has been		
My least favorite part of the baseball/softball unit has been		
I understand baseball/softball better and enjoy it more after playing these games	Yes	No